

## DUFFUS TENNIS CLUB

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Cupar  
Fife  
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23 March 2011

Dear Member

### **Season 2011**

Welcome to the 2011 tennis season.

I enclose the following papers:-

- Letter from new club president, Dan Cookson
- Programme for season 2011 together with separate note which includes details of the various junior tournaments
- Details of officials and subscription rates for 2011
- Membership form for Duffus Tennis Club, including a separate section for under 18s
- Details of the Easter coaching programme

Please let me have the completed club membership form, together with your subscription or alternatively hand these to any member of the Committee.

There has been no increase in the subscription rate which can be paid by instalments if you prefer. If you choose to use this facility please pay the instalment amount you wish until the subscription is paid in full by either 1 May at the discounted rate or by 1 June at the non discounted rate, but it is important that you indicate clearly on the form the method by which you propose to pay.

Please also indicate whether you wish to be considered to play in the various league matches although I have to point out that it is a strict ruling of Tennis Tayside that only fully paid up club members are entitled to participate in the teams and any club found breaking this rule will be deducted points.

Club nights for mixed social tennis will be on Tuesday evenings and Sunday afternoons, commencing on Tuesday 19 April after the opening tournament, although anyone can play whenever they wish subject to court availability.

Wednesday evenings have been timetabled for adult beginners to come along and play social tennis and it is hoped that this will help attract new members, who are always welcome. Three courts will be reserved on Friday evenings for juniors.

Coaching will be arranged by Colin Anderson and Hazel Horne of Howe Coaching and details of all the various coaching programmes will be made available on the club's web site.

The club continues to be very grateful to Dan Cookson, Alistair Dunn and Liz Killean for all their assistance with the juniors, but it is vital that parents, even if they have not played tennis, become involved.

In view of the healthy junior membership the club has again entered two teams in the junior league of Tennis Tayside this year. In addition, there will also be several Tennis Tayside mini tennis tournaments for younger players throughout the season with tournaments also arranged for the older juniors, subject to demand.

I have recently been advised that Duffus has been allocated five pairs of tickets for the Wimbledon championships this year, which is the highest number we have ever received. If you wish tickets, please let me know **by 20 April at latest** as they will be allocated to members by ballot if demand is greater than the number of tickets available. The cut off date of 20 April is a requirement of Tennis Scotland who need to know the actual names of members who are to receive tickets.

I would remind you that it is essential for every club member to join British Tennis which is free of charge. Simply telephone 0208 487 7000 or go on line at [www.lta.org.uk/membership](http://www.lta.org.uk/membership)

If you do not propose to join British Tennis you need take no further action but if you do, Please arrange for this to be done as soon as possible using the above link or alternatively, let me know and I can arrange on behalf of the club, to take out membership for you.

Extensive refurbishment of the clubhouse has now taken place and I would remind all members of their responsibility to keep the premises clean and tidy.

The Committee is considering various options for fund raising and any suggestions from members would be welcome.

Floodlight tokens are available from Dan or myself at a cost of £1 each, with each token giving 30 minutes light.

The club's website address is [www.duffustennisclub.org.uk](http://www.duffustennisclub.org.uk) which will contain full information of all club events, including tournaments, etc.

Yours sincerely

Alan Doig  
Secretary

## DUFFUS TENNIS CLUB SEASON 2011

Monday 4 April	Thursday 7 April	Sunday 17 April	Sunday 15 May	Sunday 19 June
Opening Ladies Night 6.00 pm	Opening Gents Night 6.00 pm	Opening Tournament 1.30 pm	Tournament 1.30 pm	Tournament 1.30 pm
Sunday 7 August	Sunday 4 September	Sunday 11 September	Sunday 18 September	Friday 17 November
Summer Doubles Tournament 1.30 pm	Club Championships - Finals Day - 1.00 pm	Veterans Tournament (45 and over) 1.30 pm	Closing Tournament 1.30 pm	Jack Gordon Memorial Tournament - 6.30 pm
Sunday 4 December	Sunday 1 January 2012			
Annual General Meeting and award of trophies	New Year Tournament 1.30 pm			

**NOTE:** Club Championships to be played weeks commencing Mondays 15 22 and 29 August

Monday/Thursday evenings Tuesday evenings 6.30 pm Sunday afternoons 1.30 pm Friday evenings - 6.30 pm	Ladies and Gents League matches Mixed Social Tennis Mixed Social Tennis Juniors Social Tennis - Dan Cookson, Alistair Dun and Liz Killean	Courts 1, 2 & 3 from 6.00pm   (tel Dan on 01334 652293)
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Wednesday evenings - 6.30 pm Adult beginners

Re-arranged league matches will be on Tuesdays (Gents) and Wednesdays (Ladies) - notification of any such matches will be placed in the clubhouse.

### COACHING PROGRAMMES

Coaching for adults and juniors will again be undertaken by Colin Anderson and Hazel Horne of Howe Coaching	Coaching is available for members and non members although non members will be asked to pay a visitors fee in addition to their coaching fee	Details of all coaching programmes will be available on the club's web site at <a href="http://www.duffustennisclub.org.uk">www.duffustennisclub.org.uk</a>		
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Dear Member

I'm delighted to be welcoming you all to the 2011 tennis season in my first year as President and am really grateful to Alison and the rest of the committee for all their help and encouragement.

Last year my focus was on building a Junior squad and I was pleased with the levels of commitment from all the children. The first team were promoted from Div 2 of the Tennis Tayside Leagues having lost only 2 sets all season and our young second team played some great tennis in Div 3.

We now have two competitive Junior teams that will be playing in Div 1 and Div 3. They have benefited from regular coaching and play during the Winter and I have confidence that both teams can win promotion this year. We have also entered the Aegon team tennis competition and will be hosting a 'Road to Wimbledon' Tournament for U14s on 1<sup>st</sup> May.

As ever there will be plenty of friendly competitive tennis for the older members throughout the season and I encourage you all to get involved whatever your level of experience. While our Junior membership has expanded steadily over the last two years it is vital that we encourage new adult members and I will make this a priority this season. I will also continue to build links to local schools and other sports clubs with the ongoing support of the Fife Active Schools coordinator and Sports Development Officer.

Off the court I'm delighted that the experienced Joy Mayglothing has taken on the role of Vice President and will continue to lead our application for Clubmark status. I'm also genuinely relieved that the even more experienced Alan Doig has agreed to remain as Secretary for one last year and that Frances has kindly retained her position as Treasurer.

Finally, I'd like to ask Members who have any suggestions or thoughts on how Duffus Tennis Club can improve to get in touch directly with myself or any other Committee member. Together we will endeavour to maintain Duffus as a thriving and happy Club.

*Dan Cookson*

President Duffus Tennis Club

# DUFFUS TENNIS CLUB

## OFFICIALS FOR 2011

President - Dan Cookson - 01334 652293  
Vice President - Joy Mayglothling -  
Treasurer - Frances McBride - 01334 655445  
Secretary - Alan Doig - 01334 654270

## COMMITTEE

Kirstin Burnett                      Duncan Howard  
Katie Coull                            Liz Killean  
Andrew Doig                          Jim Lambie  
Giff Mentiply

## MATCH SECRETARIES

TEAM	SECRETARY	TELEPHONE
Gents 1 <sup>st</sup> Team	Stuart Lowden	01592 750232
Gents 2 <sup>nd</sup> Team	Alan Doig	01334 654270
Ladies 1 <sup>st</sup> Team	Joy Mayglothling	
Ladies 2 <sup>nd</sup> Team	Alison Farrow	01334 655015
Henderson Vase 1 <sup>st</sup> Team	Joy Mayglothling/Stuart Lowden	01592 750232
Henderson Vase 2nd Team	Alison Farrow/Alan Doig	01334 655015/654270
Juniors	Dan Cookson	01334 652293

## SUBSCRIPTIONS FOR 2011 AT DISCOUNTED RATE IF PAID BY 1 MAY 2011

Adult - £100  
Secondary School Children - £30 - no discount  
Primary School Children - £18 - no discount  
Family - £200  
Students in full time higher education - £40 - no discount  
Veteran (over 65) - £55

## IF PAYMENT IS MADE AFTER 1 MAY 2011 THE FOLLOWING RATES TO APPLY

Adult - £110  
Family £220  
Veteran - £60

***All subscriptions to be paid in full by 1 June 2011***

*New members pay the lesser rate when joining and there is no joining fee*

## HOLIDAY MEMBERSHIPS/VISITORS FEES

Holiday Membership - Adult - £25  
Holiday Membership - Family - £55  
Holiday Membership - School Children - £15  
Visitors Fees - Adults - £3  
Visitors Fees - School Children - £1.50

# DUFFUS TENNIS CLUB

## MEMBERSHIP APPLICATION FORM

(Please print details)

Surname: _____	*Date of Birth: ___/___/___
Forename(s): _____	M/ship Category: _____
Address: _____	
_____	
Post Code: _____	Tele (Home): _____
	Tele (Work): _____
E-Mail Address: _____	Tele (Mobile): _____
Would you like to be considered for Team Tennis? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Please use the remainder of this form for other members living at the same address as shown above:	
Surname: _____	*Date of Birth: ___/___/___
Forename(s): _____	M/ship Category: _____
	Tele (Work): _____
E-Mail Address: _____	Tele (Mobile): _____
Would you like to be considered for Team Tennis this season? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Surname: _____	*Date of Birth: ___/___/___
Forename(s): _____	M/ship Category: _____
	Tele (Work): _____
E-Mail Address: _____	Tele (Mobile): _____
Would you like to be considered for Team Tennis this season? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Surname: _____	*Date of Birth: ___/___/___
Forename(s): _____	M/ship Category: _____
	Tele (Work): _____
E-Mail Address: _____	Tele (Mobile): _____
Would you like to be considered for Team Tennis this season? <input type="checkbox"/> Yes <input type="checkbox"/> No	

\*A Parent/Guardian Declaration (see overleaf) requires to be completed for **every** child under the age of 16.

I/We enclose cheque for subscription of £ \_\_\_\_\_

Date \_\_\_\_\_

**PARENT/GUARDIAN DECLARATION  
TO BE COMPLETED IF THE APPLICANT IS UNDER 18 YEARS OF AGE**

**Parent or Guardian**

**Full Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

\_\_\_\_\_

**Relationship to Child:** \_\_\_\_\_ **Telephone (Home)** \_\_\_\_\_

**Telephone (Mobile)** \_\_\_\_\_

**Special Needs**

Please give details of any special needs required by the applicant such as dietary requirements, allergies, medical conditions, etc.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**PARENT/GUARDIAN DECLARATION**

I agree to \_\_\_\_\_, (print child's name) taking part in the activities of Duffus Tennis Club, including matches/competitions which may involve travelling to other clubs.

To my knowledge, he/she has no special care needs, dietary requirements, etc that could affect his/her safety at the club, other than those declared on this form and I understand that in the event of any injury or illness, all reasonable steps will be taken to contact me and to deal with the situation appropriately.

I give permission for him/her to be involved in any publicity relating to the promotion of Duffus Tennis Club or for coaching purposes and understand that any photographs or videos used will strictly follow the Lawn Tennis Association guidelines.

I understand that Duffus Tennis Club has a Child Protection Policy which is displayed in the clubhouse and is available at [www.duffustennisclub.org.uk](http://www.duffustennisclub.org.uk)

**PARENT/GUARDIAN SIGNATURE**

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

Course	Dates	Time	Cost	Age
Individual Lessons	Monday 18th April - 27th June	4.00pm – 6.00pm	£20 per hour £10 per ½ hour	
Mini tennis Green	Tuesday 19 <sup>th</sup> April - 17 <sup>th</sup> May	4.15 – 5.15	£25 members £30 non mem. per block	10 – 12yrs
Mini Orange	Tuesday 19 <sup>th</sup> April - 17 <sup>th</sup> May	5.15 – 6.15	£25 members £30 non mem. per block	9 - 11yrs
Junior tennis Yellow Beginners	Wednesday 20 <sup>th</sup> April - 18 <sup>th</sup> May	4.00pm – 5.00pm	£25 members £30 non mem. per block	11 – 16yrs
Mini tennis Red - Green	Wednesday 20 <sup>th</sup> April - 18 <sup>th</sup> May	5.00pm – 6.00pm	£25 members £30 non mem. per block	5 – 14yrs
Adult Beginners	Wednesday 20 <sup>th</sup> April - 18 <sup>th</sup> May	6.30pm – 7.30pm	£30 members £37.50 non mem. per block	
Mini tennis Red - Orange	Thursday 21 <sup>st</sup> April – 19 <sup>th</sup> May	3.45pm – 4.45pm	£25 members £30 non mem. per block	5 – 9yrs
Mini tennis Red - Orange	Thursday 21 <sup>st</sup> April – 19 <sup>th</sup> May	4.45pm – 5.45pm	£25 members £30 non mem. per block	5 – 9yrs
Mini tennis Red - orange	Friday 22nd April – 20 <sup>th</sup> May	4.00pm – 5.00pm	£25 members £30 non mem. per block	5 – 11yrs
Junior Yellow A	Friday 22nd April – 20 <sup>th</sup> May	4.00pm – 5.00pm	£25 members £30 non mem. per block	12 – 16yrs
Junior Yellow B	Friday 22nd April – 20 <sup>th</sup> May	5.00pm – 6.00pm	£25 members £30 non mem. per block	12 – 16yrs

**To book your place please contact Hazel Horne**

**Phone 01334 656010**

**Mob: 07877510565**

**Email: [hazel@horne40.freeserve.co.uk](mailto:hazel@horne40.freeserve.co.uk)**

Individual Lessons	Monday 18th April - 27th June	4.00pm – 6.00pm	£20 per hour £10 per ½ hour	
Mini tennis Green	Tuesday 24th May - 28 <sup>th</sup> June	4.15 – 5.15	£30 members £35 non mem. per block	10 – 12yrs
Mini Orange	Tuesday 24th May - 28 <sup>th</sup> June	5.15 – 6.15	£30 members £35 non mem. per block	9 - 11yrs
Junior tennis Yellow Beginners	Wednesday 25 <sup>th</sup> May - 29 <sup>th</sup> June	4.00pm – 5.00pm	£30 members £35 non mem. per block	11 – 16yrs
Mini tennis Red - Green	Wednesday 25 <sup>th</sup> May - 29 <sup>th</sup> June	5.00pm – 6.00pm	£30 members £35 non mem. per block	5 – 14yrs
Adult Beginners	Wednesday 25 <sup>th</sup> May - 29 <sup>th</sup> June	6.30pm – 7.30pm	£36 members £45 non mem.  per block	
Mini tennis Red - Orange	Thursday 26 <sup>th</sup> May – 30 <sup>th</sup> June	3.45pm – 4.45pm	£30 members £35 non mem. per block	5 – 9yrs
Mini tennis Red - Orange	Thursday 26 <sup>th</sup> May – 30 <sup>th</sup> June	4.45pm – 5.45pm	£30 members £35 non mem. per block	5 – 9yrs
Mini tennis Red - orange	Friday 27 <sup>th</sup> May – 1 <sup>st</sup> July	4.00pm – 5.00pm	£30 members £35 non mem. per block	5 – 11yrs
Junior Yellow A	Friday 27 <sup>th</sup> May – 1 <sup>st</sup> July	4.00pm – 5.00pm	£30 members £35 non mem. per block	12 – 16yrs
Junior Yellow B	Friday 27 <sup>th</sup> May – 1 <sup>st</sup> July	5.00pm – 6.00pm	£30 members £35 non mem. per block	11 – 16yrs

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Individual Lessons	Monday 15th August – 19 <sup>th</sup> September	4.00pm – 6.00pm	£20 per hour £10 per ½ hour	
Mini tennis Green	Tuesday 16th August – 20 <sup>th</sup> September	4.15 – 5.15	£30 members £36 non mem. per block	10 – 12yrs
Mini Orange	Tuesday 16th August – 20 <sup>th</sup> September	5.15 – 6.15	£30 members £36 non mem. per block	9 - 11yrs
Junior tennis Yellow Beginners	Wednesday 17th August – 21st September	4.00pm – 5.00pm	£30 members £36 non mem. per block	11 – 16yrs
Mini tennis Red - Green	Wednesday 17th August – 21st September	5.00pm – 6.00pm	£30 members £36 non mem. per block	5 – 14yrs
Adult Beginners	Wednesday 17th August – 21st September	6.30pm – 7.30pm	£36 members £45 non mem. per block	
Mini tennis Red - Orange	Thursday 18th August – 22nd September	3.45pm – 4.45pm	£30 members £36 non mem. per block	5 – 9yrs
Mini tennis Red - Orange	18th August – 22nd September	4.45pm – 5.45pm	£30 members £36 non mem. per block	5 – 9yrs
Mini tennis Red - orange	Friday 19th August – 23rd September	4.00pm – 5.00pm	£30 members £36 non mem. per block	5 – 11yrs
Junior Yellow A	Friday 19th August – 23rd September	4.00pm – 5.00pm	£30 members £36 non mem. per block	12 – 16yrs
Junior Yellow B	Friday 19th August – 23rd September	5.00pm – 6.00pm	£30 members £36 non mem. per block	11 – 16yrs

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**INFORMATION TO HELP YOU IN CHOOSING CORRECT COACHING SESSIONS FOR YOUR CHILD, IF UNSURE PLEASE CONTACT HAZEL FOR A CHAT.**

**MINI TENNIS RED**

For all children aged 8 years and under wishing to start learning tennis. Sessions will cover basics. Co-ordination, racket and ball skills and various fun games – the emphasis is very much on FUN.

The course will focus on the A, B, and C's – agility, balance and co-ordination & other athletic skills.

Red 3 Children are learning ball and racket skills, basic hand eye co-ordination and movement.

Red 2 Rallying skills, now able to rally with a Coach over a net, learning basic strokes.

Red 1 Court awareness, shot selection, now able to rally with each other over the net, serving.

**MINI TENNIS ORANGE**

For players aged 8 & 9 progressing from Mini tennis Red who have developed their skills sufficiently.

Sessions will cover co-ordination and movement skills, basic rules, technique and tactics of the game.

Orange 3 Basic introduction to top spin on forehand and backhand, tactics, singles matchplay.

Orange 2 Introduction to doubles, top spin on forehand and backhand, rallying skills with partner,

serving skills, volleying skills.

Orange 1 Focusing on singles match play, fitness training, court position and shot recovery.

**MINI TENNIS GREEN**

For children aged 9 & 10 who have progressed through the Mini Tennis Red and Orange programme.

Sessions will focus on developing technique on all strokes and explore tactical situations incorporating a games based approach to enhance new skills and learning. Co-ordination and movement exercises, basic rules, tactics and skills of the game will also be taught.

Green 3 Focusing on percentage matchplay, introduction to more advanced techniques.

Green 2 Singles and doubles tactics.

Green 1 Stroke correction and understanding of today's modern game. Getting players ready for the full normal yellow ball game.

**YELLOW BALL**

Yellow ball competition is for players aged 11 and over. It is played on a full tennis court, with full size rackets and full compression yellow balls. It's the last stage of your tennis development and the technique and skills that you have developed through the stages of mini tennis can now be put into practice.

What age is yellow ball tennis aimed at?

Yellow ball competition is for players aged 11 & over.

What ball is used?

A normal yellow tennis ball is used.

What size court is yellow ball played on?

Yellow ball is played on a full sized tennis court for singles and doubles.